

STRAWBERRY FIELDS ORDER FORM

See the range of products that we have here on offer - majority of them homemade on site!

TO ORDER

1. Complete the form or email us a list of your order to info@strawberryfieldslifton.co.uk or call us on 01566 784605
2. A member of our team will call you back to arrange delivery or collection.
3. ENJOY!

COLLECTION

Although we are taking all precautions within the shop, if you would prefer to collect from outside in the car park then please indicate that on your order. We will then be in contact to arrange collection.

DELIVERY

- 10 miles radius from Strawberry Fields
- £5 delivery and minimum delivery of £30

DELIVERY DAYS

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lifton Launceston Boyton North Tamerton Clawton Chapmans Well St Giles on the Heath Ashwater Halwill Germansweek Boasley Cross	Lifton Launceston Stowford Lewdown Chillaton Lydford Mary Tavy Bradstone Milton Abbot Tavistock	Lifton Launceston Tregadillett South Petherwin North Petherwin Egloskerry Tresmeer Pipers Pool Plusha North Hill Stoke Climsland Kelly Bray	Lifton Launceston Boyton North Tamerton Clawton Chapmans Well St Giles on the Heath Ashwater Halwill Germansweek Boasley Cross	Lifton Launceston Stowford Lewdown Chillaton Lydford Mary Tavy Bradstone Milton Abbot Tavistock	Lifton Launceston Tregadillett South Petherwin North Petherwin Egloskerry Tresmeer Pipers Pool Plusha North Hill Stoke Climsland Kelly Bray



Please Note - all prices of fruit/vegetables are subject to change and will be charged at the retail price on the day. The listed prices are a guide only.

Availability - we are working very hard to make sure that all products are available to customers. If you have ordered something and the exact item is not available we will substitute it for a product that is the closest in specification/price. We hope that you will cooperate with us at this unimaginable time.

BREAD

Product	Price	Quantity Required	Product	Price	Quantity Required
100% spelt loaf	5.20		White Loaf EX LARGE	2.45	
Brioche roll	0.75		White loaf LARGE	2.15	
Chia loaf	2.65		White Loaf Small	1.65	
Corn bread loaf – large	2.65		White Roll	0.45	
Small corn bread loaf	2.15		Wholemeal loaf EX LARGE	2.45	
Demi baguette	0.70		Wholemeal loaf LARGE	2.15	
Tiger Bread - Large	2.45		Wholemeal loaf SMALL	1.65	
Tiger Bread - Small	2.15		Stick Baguette	1.40	
Donker loaf – large	2.65		Mediterranean bread lrg	2.65	
Donker bread – small	2.15		Mediterranean bread small	2.15	
Small Granary Loaf	2.15		Multiseed loaf large	2.65	
Small Sour dough	2.05		Multiseed loaf small	2.15	
Sour Dough Large	2.55		Oatie loaf LARGE	2.65	
Spelt & Honey small	2.15		Oatie loaf SMALL	2.15	
Spelt & Walnut Large Loaf	2.60		Paninis	0.70	
Spelt and honey loaf	2.65		Donker loaf – large	2.65	
Granary loaf – large	2.65		Granary roll	0.50	

CAKES

Product	Price	Quantity Required	Product	Price	Quantity Required
Almond and cherry loaf	4.25		Date & Walnut 6 inch Cake	6.50	
Almond slice	1.60		Date slice	1.30	
Bakewell tart	2.25		Flapjack	1.35	
Banana and chocolate loaves	4.25		Fruit tea loaf	5.25	

Banana and Walnut Cake	4.25		Ginger loaf	4.25	
Banana and walnut loaves	4.25				
Banana and walnut slices	1.30		Jam and coconut loaf	4.25	
Battenberg cake	0.00		Lemon drizzle loaves	4.25	
Boiled fruit cake	1.40		Lemon drizzle slices	1.30	
Boiled fruit cake loaf	5.00		Mars bar krispies	1.30	
Carrot cake loaves	4.25		Orange drizzle loaf	4.25	
Carrot cake slice	1.30		Orange drizzle slice	1.30	
Cherry and almond slice	1.30		Saffron Loaf	4.20	
Cherry and almond yoghurt cake	4.25		Seed cake	4.20	
Chocolate cake	6.50		Seedy cake slice	1.30	
Chocolate cake loaves	4.25		Shortbread rounds	4.00	
Swiss roll (choc)	2.95		Shortbread slices	1.50	
Chocolate cake slices	1.70		Swiss Roll (plain)	2.95	
Coconut & Cherry Yoghurt Cake	1.50		Treacle Tart	4.95	
Coconut & Cherry Yoghurt Loaf	4.25		Victoria slices	1.30	
Coffee and walnut cake	6.75		Victoria sponge	5.00	
Coffee and walnut loaves	4.25		Lemon & Poppyseed 6" Cake	4.95	
Coffee and walnut slices	1.70				

MORNING GOODS

Product	Price	Quantity Required	Product	Price	Quantity Required
Apple cake	0.75		Iced bun	1.05	
Bread pudding	0.75		Pain Au Raisin	1.00	
Caramel Shortbread	1.70		Plain scone	0.55	
Cheese Scone	0.75		Rock buns	0.70	
Chelsea bun	1.25		Saffron bun	0.80	
Cherry scone	0.75		Teacake	0.80	
Chocolate brownie	1.75				
Croissants	0.85		Rocky Road - white	1.65	
Devon Split	0.35		Rocky road - dark	1.65	

Eccles cake	1.10		Cookie	0.95	
Fruit scone	0.75				

GLUTEN FREE

Product	Price	Quantity Required	Product	Price	Quantity Required
Frozen GF Cheese Scone 2 Pack	1.80		G/free bread small	4.25	
Frozen GF Chocolate Brownie	1.95		G/free bread large	5.25	
Frozen GF Fruit Scone 2 Pack	1.80		G/free bread rolls	1.30	
Frozen GF Lemon Drizzle	1.70		G/free cheese and onion pasty	3.65	
Frozen GF Maderia Cake	5.25		G/free multiseed bread	5.25	
Frozen GF Plain Scone 2 Pack	1.80		G/free Pastry	3.85	
Frozen GF/DF Steak Pasty	3.85		G/free sausage roll	2.50	
Frozen Veg Sausage Pack	4.50		G/free steak and ale pie	5.90	
			GF Blackberry/Apple Crumble	5.50	

PASTIES/PIES

Product	Price	Quantity Required	Product	Price	Quantity Required
Buffet pasty	1.50		Jumbo steak pasty	4.00	
Cheese and bacon bite	1.80		Lamb & Mint Pasty	2.85	
Cheese and onion pasty	2.85		Large steak pasty	3.30	
Cheese and tomato bite	1.80		Meat patties	0.85	
Chicken & Vegetable Pasty	2.85		Sausage roll	1.60	
Chicken and ham slice	1.95		Small steak pasty	2.30	
Chicken and mushroom slice	1.95		Vegetable pasty	2.85	
Cocktail sausage rolls	0.60		Turkey and ham oval foil	3.00	
Chicken & Ham Pie Round Foil	6.60		Turkey and ham round foil	7.25	
Chicken & Ham Pie Small Oval	3.00		Turkey and mushroom pie round	7.25	
Chicken & Mushroom Small Oval Pie	3.00				
Chicken and mushroom pie	6.60				

STEAK PIES

Product	Price	Quantity Required	Product	Price	Quantity Required
Steak & Onion Pie Small	4.90		Steak & Kidney Pie Large	7.65	
Steak & Onion Pie Large	7.25		Steak & Kidney Pie Small	4.90	
Steak & Ale Pie Large	7.65				
Steak & Ale Pie Small	4.90				
Steak & Stilton Pie Large	7.65				
Steak & Stilton Pie Small	4.90				

PIZZAS

Product	Price	Quantity Required	Product	Price	Quantity Required
Homemade Ham & Pineapple Pizza	6.50				
Homemade Margarita Pizza	5.25				
Homemade Meat Feast Pizza	6.50				
Homemade Mediterranean Vegetable Pizza	5.95				

PASTRIES

Product	Price	Quantity Required	Product	Price	Quantity Required
Almond Croissant	1.00		Cherry Pie Small	3.00	
Apple & Blackberry Small Oval	3.00		Egg Custard Tart	4.70	
Apple pie	12.50 per kg		Hot cross buns	0.80	
Apple Pie Small Oval	3.00		Lardy Cake	1.30	
Bakewell Tart	12.50 per kg		Pain au Chocolate	1.00	

QUICHES

Product	Price	Quantity Required	Product	Price	Quantity Required
Bacon & mushroom quiche	5.25		Ham, Cheese & Chutney Quiche	5.25	
Bacon & tomato quiche	5.25		Homity pie	5.25	
Broccoli & stilton quiche	5.25		Mixed pepper quiche	4.95	
Cheese & tomato quiche	4.95		Quiche Lorraine	5.25	
Egg bacon & parsley pie	5.50				

EGGS

Product	Price	Quantity Required	Product	Price	Quantity Required
1/2 Doz Large	1.70				
1/2 Doz Medium	1.60				
1/2 Doz X-Lrg Eggs	1.80				
Large Tray	7.75				
Medium Tray	7.25				
X-Large Tray	8.25				

LAMB

Product	Price	Quantity Required	Product	Price	Quantity Required
Boneless breast lamb	5.50 per KG		Lamb loin chops	10.95 per KG	
			Lamb neck fillet	16.00 per KG	
Boneless shoulder	9.95 per KG		Lamb rump steak	18.50 per KG	
Breast lamb bone in	3.50 per KG		Leg of lamb	13.50 per KG	
Diced lamb	18.10 per KG		Mint & Rosemary Lamb Chops	15.99 per KG	
Lamb kidney	7.20 per KG		Neck of lamb	5.00 per KG	
Lamb leg shank	9.10 per KG		Rack of lamb	18.30 per KG	
Lamb liver	6.20 per KG		Shoulder of Lamb	8.95 per KG	

BEEF

Product	Price	Quantity Required	Product	Price	Quantity Required
Beef Burger Pack	4.40		South Devon beef burger	1.10 per KG	
Beef Flat Ribs	6.50 per KG		South Devon beef skirt	10.00 per KG	
Boneless Rib of Beef	18.00 per KG		South Devon brisket	7.00 per KG	
Braising steak beef	10.80 per KG		South Devon diced beef	10.80 per KG	
Diced Beef Pack	3.75		South Devon fillet steak	37.00 per KG	
Flat iron beef steak	15.00 per KG		South Devon jointed oxtail	5.95 per KG	
Minced Beef Pack	3.75		South Devon ribeye steak	27.25 per KG	
Premium mince beef	7.00 per KG		South Devon rump steak	22.05 per KG	
Rib Beef On Bone	15.80 per KG		South Devon silverside beef	9.95 per KG	
Rolled sirloin	22.00 per KG		South Devon sirloin steak	25.05 per KG	
Shin of beef	6.70 per KG		South Devon topside beef	11.95 per KG	
Sirloin Joint	22.00 per KG				

CHICKEN

Product	Price	Quantity Required	Product	Price	Quantity Required
Boneless chicken breast	12.90 per KG		Chicken Thighs	0.40 each	
Chicken Breasts	7.50 per KG		Farm fresh chicken	4.50 per kg	
Chicken Leg Pack	3.75		Free range chicken	6.20 per kg	
Chicken Sausages	10.00 per KG				

PORK

Product	Price	Quantity Required	Product	Price	Quantity Required
Boneless loin of pork	8.95 per KG		Pigs liver	2.80 per KG	
Cornish Farmhouse Tenderloin	7.15 per KG		Pork belly	5.40 per KG	
Diced pork	7.50 per KG		Pork chops	6.70 per KG	
Leg of pork	7.25 per KG		Pork steaks	10.95 per KG	
Mince pork	6.50 per KG		Pork Steaks Pack	3.75	
Pigs kidney	2.50 per KG		Shoulder of pork	6.20 per KG	

BACON

Product	Price	Quantity Required	Product	Price	Quantity Required
5lb bacon pack	19.95 per KG		Green back bacon	11.80 per KG	
Bacon ribs	2.99 per KG		Green streaky bacon	8.70 per KG	
Cornish Farmhouse Bacon Mishapes	3.64 per KG		Honey glazed gammon joint	5.95 per KG	
Cornish Farmhouse Gammon Joint	4.94 per KG		Smoked back bacon	13.40 per KG	
Cornish Farmhouse Gammon Steak	11.44 per KG		Smoked Streaky Bacon	11.30 per KG	
Cornish Farmhouse Smoked Gammon Joint	5.59 per KG				

SAUSAGES

Product	Price	Quantity Required	Product	Price	Quantity Required
Apple and cider sausages	3.75		Pork/Vension Sausages Pack	3.75	
Cracked Pepper Sausages Pack	3.75		Sausage meat	3.95	
Devonshire Sausages Pack	3.75		Traditional Sausages Pack	3.75	
Maple & Chilli Sausages Pack	3.75				

ADDED VALUE

Product	Price	Quantity Required	Product	Price	Quantity Required
Beef stir fry	10.95 per KG		Marinated Chicken Wings	3.75 per pack	
Beef wellington	5.50 each		Naked Spatchcock Chicken	6.95 each	
Chicken Stir Fry	10.95 per KG		Piri piri spatchcock chicken	6.95 each	
Garlic Spatchcock Chicken	6.95 each		Spicy chicken escalope	2.95 each	
Indian Mystery Spatchcock Chicken	6.95 each		Sticky maple pork steaks	10.50 per KG	
Lemon and pepper chicken breast	2.95 each		Tex mex breast	2.95 each	
Meat Box – see website for details	55.00				

GAME

Product	Price	Quantity Required	Product	Price	Quantity Required
Boneless vension loin	19.99 per kg		Local pheasant	3.95 each	
Diced vension	13.55 per kg				

CREAM

Product	Price	Quantity Required	Product	Price	Quantity Required
227g (8oz) Roddas clotted cream	2.85		Double cream 142ml	1.30	
453g(1lb) Roddas clotted cream	5.75		Double cream 284ml	2.40	
			Yeo Valley Soured Cream 200g	1.60	

BUTTER

Product	Price	Quantity Required	Product	Price	Quantity Required
200g Roddas butter	2.79		Garlic Butter With Parsley & Thyme	4.65	
Garlic Butter Oak Smoked	4.65		Trewithen Cornish Salted Butter	2.50	

MILK

Product	Price	Quantity Required	Product	Price	Quantity Required
1L Semi	0.95		Daioni Organic Semi Skimmed Milk Strawberry	1.35	
1L Skim	0.95		Dartington Dairy Whole Goats Milk 1Lr	2.35	
1L Whole	0.95		Dartington Goats Milk 1lt	2.35	
2L Semi	1.65		Green 1lt semi-skim milk [s10]	0.95	
Alpro Almond	1.45		Green 2lt semi-skim milk [s6]	1.65	
Alpro Oat	1.45		Red 1ltr skim milk	0.95	
Alpro Soya Original Sweet	1.35		Rodda Green 568ml skim milk	0.70	
Alpro Soya Unsweetened UHT	1.45		Trewithen Whole 2Lr Milk	1.65	
Blue 1ltr whole milk	0.95				
Blue 2ltr whole milk	1.65				
Blue 568ml whole milk	0.70				
Daioni Organic Semi Skimmed Milk Banana	1.35				
Daioni Organic Semi Skimmed Milk Chocolate	1.35				

YOGHURT

Product	Price	Quantity Required	Product	Price	Quantity Required
150g Stap Gooseberry	0.95		Luxury Layered Yogurt Lemon Curd 140g	0.95	
150g Stap Nectarine	0.95		Luxury Layered Yogurt Raspberry 140g	0.95	
150g Stap Strawberry	0.95		Luxury Layered Yogurt Strawberry 140g	0.95	
150g Stap Sweet & Sour Cherry	0.95		Stapleton Yoghurt Raspberry	1.95	
400g Stap Natural Greek	1.95		Trewithen Natural Yoghurt	1.95	
500g YV Natual Yog	1.80		Yeo Valley 0% Fat Natural Yoghurt	2.55	
Luxury Layered Cherry Yoghurt 140g	0.95				

CHEESE

Product	Price	Quantity Required	Product	Price	Quantity Required
			Hawkridge Vintage	13.00 per KG	
Cornish blue	23.00 per KG		White stilton & apricots	16.30 per KG	
Cornish brie	16.18 per KG		White stilton mango & ginger	20.00 per KG	
Cornish Gouda	24.00 per KG		Helford blue	29.00 per KG	
Cornish kern	22.70 per KG		Mascarpone	3.50 each	
Cornish yarg	22.70 per KG		Sharphams rustic plain	21.50 per KG	
Cropwell bishop stilton	21.50 per KG		Sharphams brie	28.00 per KG	
Davidstow cheddar	14.40 per KG		Soft goats cheese	25.00 per KG	
Devon blue	32.50 per KG		St Endellion brie	21.50 per KG	

COOKED MEAT

Product	Price	Quantity Required	Product	Price	Quantity Required
Black Pudding	2.75		Homecooked beef sliced	21.50 per KG	
Cornish Hogs Pudding	3.00		Homecooked pork sliced	14.50 per KG	
Gammon Ham sliced	14.50 per KG		Honey roast gammon sliced	16.50 per KG	

DELI - SALADS

Product	Price	Quantity Required	Product	Price	Quantity Required
Homemade coleslaw	9.50 per Kg		Red cabbage coleslaw	11.00 per Kg	
Potato salad	9.50 per Kg		Waldorf salad	9.50 per Kg	

OLIVES

Product	Price	Quantity Required	Product	Price	Quantity Required
Calarmnarter Pitted	19.50 per KG		Olives	19.50 per KG	
Marinated Sun Dried Tomatoes Real Olive co	3.95		sundried tomato stuffed	19.50 per KG	
Mixed Olives Garlic & Basil	19.50 per KG		Sweet balsamic onions	14.50 per KG	

SCOTCH EGGS

Product	Price	Quantity Required	Product	Price	Quantity Required
Black pudding scotch egg	2.75 each		Scotch Egg Pork and Apple	2.75 each	
Cheese and chutney scotch egg	2.75 each		Traditional scotch egg	2.75 each	
Curried scotch egg	2.75 each		Vegetarian scotch egg	2.75 each	
Hogs pudding scotch egg	2.75 each				

SMOKED FISH

Product	Price	Quantity Required	Product	Price	Quantity Required
Tregida Oak Roasted Mackerel Fillets	20.44 per KG		Tregida Peppered Mackerel Fillets	20.93 per KG	
Tregida Oak Smoked Salmon 100g	4.75				

TEA/COFFEE

Product	Price	Quantity Required	Product	Price	Quantity Required
C & B Milk Drinking Chocolate	5.95		Devon Roast Coffee (Ground)	4.35	
Clipper Fairtrade Organic Arabica Instant Dried Coffee	5.95		Devon Roast Decaf Coffee (Ground)	5.95	
CORNISH Coffee - Colombian Smooth Ground Coffee 227g	5.95		PG Tips Pyramid PM265	2.65	

CORNISH Coffee - Delightful Decaf Ground Coffee 227g	5.50		Plymouth Tea	3.50	
CORNISH Coffee - Italian Style Ground Coffee 227g	5.50		Tea Chamomile 10 Sachet box	4.55	
CORNISH Coffee - Stupidly Strong Ground Coffee 227g	5.50		Tea Loose 14 Classic	7.50	
CORNISH Coffee - The Original Ground Coffee 227g	5.50		Tea Sachet Box 21 Afternoon	9.50	
CORNISH TEA CO. Smugglers Brew 40 Teabags	2.20		Tregothan Peppermint Tea	7.60	
CORNISH TEA CO. Smugglers Brew 80 Teabags	3.65		Tregothan Green Tea	9.50	
Cornish Tea Red Berry	4.85				

BEER

Product	Price	Quantity Required	Product	Price	Quantity Required
Atlantic Pale ale	2.10		Hops & Honey	2.45	
Coconut Stout	2.20		Jail Case	2.50	
Cornish Knocker	2.45		Korev	2.10	
Dartmoor Brewery 3 bottle Gift Pack	9.00		Legend Bottle	2.50	
Dartmoor IPA Case	2.50		Lushingtons	2.45	
Doom Bar	2.45		Offshore x 12 cans	22.00	
DV Black Charge	2.95		Proper Job	2.45	
DV Gold Rush	2.95		Skinners Brewery 3 gift Pk	8.50	
DV Pioneer	2.95		Tribute	2.45	

WINE

Product	Price	Quantity Required	Product	Price	Quantity Required
Adobe Cabernet Sauvignon Emiliana	10.00		False Bay Blush Vine Pinotage	9.95	
Adobe Merlot Emiliana	10.00		False Bay Chardonnay	9.95	
Adobe Rose Wine	10.00		False Bay Syrah	9.95	
Alcohol Free The Bees Knees	6.25		Las Pampas Malbec	8.95	
Camel Valley Bacchus Dry	16.50		LB Black Cherry Mead	9.95	
Camel Valley Cornwall Brut	29.95		LB Cherry Wine	9.95	
Camel Valley Pinot Noir Rose	16.50		LB Westcountry Mead	9.95	

Camel Valley Pinot Noir Rose Brut	34.95		Nua Prosecco	13.65	
Camel Valley White Pinot Noir Brut	38.95		Nua Rose	13.65	
Chateau de Cathalogne Bordeaux	14.95		one 4 One Prosecco Miniture	3.95	
Cortestrada Pinot Grigio	8.85		Peregrino Merlot	7.95	
Cortestrada Prosecco	11.95		Peregrino Rose	7.95	
Cranswick Lakefield Shiraz	12.75		Peregrino Sauvignon Blanc	7.95	
			Soldiers Block Malbec	10.00	

CIDER

Product	Price	Quantity Required	Product	Price	Quantity Required
Autumn Dry 2.5 Litre	7.20		Gold	2.45	
Berry Rattler	2.45		Healeys Classic	5.20	
Blossoms Gold 1 litre	5.95		Healeys Gold Cyder	3.60	
Blush	2.45		Healeys Rose Cyder	3.60	
Cider Ginger	2.20		Hedgerow	2.45	
Cloudy Crush	2.30		Heritage	2.45	
Cornish Rattler	2.45		Keepers Meadow	2.45	
Devon Mist	2.20		NC Elderflower	2.50	
Devon Red	2.20		NC Original Cider	2.35	
Devon Scrumpy	2.30		NC Pink Grapefruit	2.50	
Dry Cider	2.45		Norcotts Rhubarb Cider 3L	13.95	
Farmhouse (bottle)	2.45		Poundhouse Medium	2.30	
Fruity Raspberry	2.60		Sandford Orchards Gift Pack	8.00	

CORDIALS

Product	Price	Quantity Required	Product	Price	Quantity Required
Apple and Elderflower Cordial	3.35		Orange Cordial	3.35	
Honey Lemon and Ginger Cordial	3.35		Pink Grapefruit Cordial	3.35	
Hot Lime and Ginger Cordial	3.35		Very Berry Cordial	3.35	
Mulled Apple Cordial	3.35		Whole Lemon Cordial	3.35	

SOFT DRINKS

Product	Price	Quantity Required	Product	Price	Quantity Required
24cl Orange Juice	1.70		Cawston Prss Apl & Pear Crtn	0.60	
27cl Cool Ginger Beer	1.65		CO Cranberry & Raspberry Sparkle	1.60	
27cl Hot Ginger Beer	1.65		CO English Apple	1.20	
27cl Raspberry Crush	1.80		CO Ginger Beer	1.60	
27cl Sicilian Lemonade	1.65		CO Lemonade	1.20	
74cl Cranberry Crush	3.60		CO Pressed Apple	1.60	
74cl Elderflower Bubbly	3.60		Coca Cola 1.5L	2.40	
74cl Raspberry Crush	3.60		Coke Can	1.00	
74cl Sicilian Lemonade	3.60		Coke Zero can	1.00	
Apple and Rhubarb	1.20		Cox, Bramley & OC	3.80	
C/Press Apl & Summer Berries	0.60		Cranberry Crush	1.80	
Cawston Prss Apl&Mango Carton	0.60		Diet Coke Can	0.90	
Cawston Apple & Ginger 1lr	2.95		Elderflower Presse	1.60	
Cawston Brilliant Beetroot	3.25		FENTIMANS Curiosity Cola 275ml	1.95	
CAWSTON PRESS Apple & Elderflower 1L	2.95		FENTIMANS Dandelion & Burdock 275ml	1.95	
CAWSTON PRESS Apple & Mango 1L	2.95		Fentimans Gently Spark Elderflower	1.95	
CAWSTON PRESS Apple & Rhubarb 1L	2.95		Fentimans Lemon Shandy	1.95	
CAWSTON PRESS Cloudy Apple 1L	2.95		FENTIMANS Mandarin & Seville Orange Jigger 275ml	1.95	
CAWSTON PRESS Sparkling Cloudy Apple - Can 330ml	1.10		FENTIMANS Premium Indian Tonic Water 500ml	3.30	
CAWSTON PRESS Sparkling Elderflower Lemonade - Can 330ml	1.10				
CAWSTON PRESS Sparkling Rhubarb & Apple - Can 330ml	1.10		FT Premium Tonic Water 200ml	1.10	
Fentimans Rose Lemonade	1.95		FT Scillian Lemonade 500ml	2.25	
Fentimans Sparkling Lime & Jasmine	1.95		Luscombe Strawberry Crush	1.80	
FENTIMANS Traditional Ginger Beer 275ml	1.95		Mulled Apple Juice	4.30	
FENTIMANS Victorian Lemonade 275ml	1.95		Navas Premuim Cornish Mixer 200ml	1.10	
FEVER-TREE Elderflower Tonic Water 500ml	2.25		Sea Buck Blackberry & Honey Tonic 200ml	1.35	
FEVER-TREE Premium Indian Tonic Water 500ml	2.25		Sea Buck Cucumber & Mint Tonic 200ml	1.35	
FT Aromatic Tonic Water 200ml	1.10		Sparkling Apple	1.20	

FT Aromatic Tonic Water 500ml	2.25		Sunpride Fruity Apple Juice 1lr	1.40	
FT Elderflower Tonic Water 200ml	1.10		Sunpride Orange Juice 1lr	1.40	
FT Ginger Beer 500ml	2.25		Sunpride Tangy Cranberry Juice 1lr	1.40	
FT Lemon Tonic Water 500ml	2.25				

SPIRITS

Product	Price	Quantity Required	Product	Price	Quantity Required
Blue Angel Rock Gin 50cl	29.50		Lugger Spiced Rum 5cl	3.60	
Blue Angel Rock Gin 5l	5.75		Lugger Spiced Rum 70cl	36.65	
Cornish Gold Rock Gin 5cl	5.75		Pink Rock Gin 5cl	5.75	
Cornish Gold Rock Gin 70cl	42.00		Pinkster Gin 5cl	4.90	
Dead Man's F/rs Coffee Rum	25.95		Plymouth Gin 70cl	31.50	
Dead Man's F/rs Hemp Rum	25.95		Raspberry & Rhubarb Gin	5.95	
Exmoor Wicked Wolf Gin 70cl	39.95		Rattler Gin 70cl Dry	39.50	
Lantic Gin 70cl	39.95		Salcombe Gin Start Point Gift Set	15.95	
LB Damson Gin liqueur 350ml	18.95		Salcombe Gin Start Point London Dry 5cl	5.95	
LB Elderflower & Cucumber Gin 5cl	4.25		Salcombe Gin Start Point London Dry 70cl	39.95	
LB Pink Grapefruit Gin 5cl	4.25		Salcombe Gin Dry Rose 5cl	5.95	
LB Winter Gin 5cl	4.25				

WATER

Product	Price	Quantity Required	Product	Price	Quantity Required
Cornish Sparkling Water 500ml	1.00		Cornish Still Water 500ml	1.00	
Cornish Spring Water Still 750ml	0.90				

BISCUITS

Product	Price	Quantity Required	Product	Price	Quantity Required
C&B Almond Shortbread	3.95		FARMHOUSE Melting Moments 200g	1.90	
C&B Butter Oat Crumbles	3.00		FARMHOUSE Mild Ginger 200g	1.90	
C&B Butterscotch Crunch	3.05		FARMHOUSE Oat Flips 200g	1.90	
C&B Cheese Biscuits	2.95		FARMHOUSE Shortbread 200g	1.90	
C&B Choc Oat Crumbles	3.75		FARMHOUSE Treacle Crunch 200g	1.90	
C&B Cranberry Crumbles	6.50		FU Delights Sicilian Lemon Crisp	1.95	
C&B Dark Choc Gingers	3.40		Furniss Cherry Choc Drum	3.95	
C&B Lemon Shortbread	7.25		Furniss Choc Chip Tulip Drum	3.95	
C&B Milk Choc Chunk Biscuits	6.25		Furniss Mini Biscuits Lavender Drum	3.65	
C&B Olive & Garlic Flatbreads	2.20		Furniss Mini Shortbread	0.99	
C&B Salted Caramel Biscuits	6.50		Furniss Shortbread Clotted Cream	4.15	
C&B Seasalt Caramel SB	3.95		Gingerbread Man x 1	0.80	
Cartwright & Butler Shortbread Selection	13.45		LEMON BUTTER SHORTBREAD	2.85	
CHOCOLATE BUTTER CRUNCH	2.85		LOVEMORE Shortbread Fingers 125g	1.85	
CHOCOLATE CHIP	3.05		Mini Gingerbread Pack	1.00	
Cornish Clotted Cream Shortbread	2.75		Original Biscuit Bakers Deluxe Farmyard Gingerbread Assorted Animals	2.80	
Cornish Clotted Cream Shortbread Triple Gift Pack	7.25		Original Cornish Fairings Spiced Crunchy Biscuits	2.25	
Cornish Clotted Cream Shortbread with Chocolate Pieces	2.75		Original Cornish Gingerbread	1.95	
Cornish Clotted Cream Shortbread with Strawberries	2.55		Retro Gingerbread Tin	6.95	
Cornish Fairings Double Gift Pack	4.45		Roddas Shortbread Tin	4.25	
Fairings Gift Pack 600g	6.85		SIMPLY CORNISH Ginger Fairings 200g	1.95	
Farmhouse Biscuits Cherry & Almond	1.90		SIMPLY CORNISH Strawberry & Cream Shortbread 200g	1.95	
FARMHOUSE Butterscotch Toffee 200g	1.90		SIMPLY CORNISH Chocolate Shortbread	1.95	
FARMHOUSE Chocolate Chip Cookies 200g	1.90		SIMPLY CORNISH Clotted Cream Shortbread 200g	1.95	
FARMHOUSE Chocolate Oat Flips 150g	2.45		SPICY GINGER CRUNCHY COOKIES	3.00	
Farmhouse Cranberry & White Choc Chunk Biscuit Tube	3.50		Sugar Free Choc Chip Cookie 130g	3.25	
FARMHOUSE Currant Shrewsbury 200g	1.90		VEGAN BAKERY Choco Cookies 200g	2.80	
FARMHOUSE Dark Chocolate Gingers 150g	2.95		VANILLA BUTTER CRUNCH	2.85	

CHUTNEY

Product	Price	Quantity Required	Product	Price	Quantity Required
SF Homemade Piccallilli	4.50		SF Smashing Pumpkin Chutney	3.95	
SF Runner Bean Chutney	4.95		SF Sticky Date & Apricot Chutney	4.95	

CONDIMENTS

Product	Price	Quantity Required	Product	Price	Quantity Required
Colmans Mustard	1.30		Hellmanns Squeezy Mayo Light	2.65	
Colmans Sce Apple	1.00		HP Brown Sauce	2.30	
Colmans Sce Classic Mint	1.00		HZ Salad Cream	1.65	
Colmans Sce Horseradish	1.00		HZ Tomato Ketchup	2.19	
Colmans Sce Tartare	1.00		Sweet & Sticky BBQ Sauce	3.05	
Garlic Mayonnaise 240g	4.35		Sweet Chilli Sauce	3.40	
Hellmanns Mayo Sqzy PM265	2.75		SM Pickled Onions 700g	3.35	
SM Pickled Onions 2.27KG	7.65				

COOKING SAUCES

Product	Price	Quantity Required	Product	Price	Quantity Required
ATKINS & POTTS Tomato & Basil Pasta Sauce 350g	3.80		Bisto Gravy Granules	1.55	
Bisto Chkn Gravy Grnul	1.49		Creamy Mushroom Sauce	3.45	
RED WINE & MUSHROOM SAUCE	3.45		Knorr Stockpot Beef	1.80	
RED WINE GRAVY	3.30		Knorr Stockpot Chicken	1.80	
REDCURRANT & ROSEMARY GRAVY	3.30		Madhuban Hot Madras	3.70	
RICH AND RUSTIC VEGETABLE PASTA SAUCE	3.30		Madhuban Korma	3.70	
Verstegen Sweet Chilli Sauce	1.45		Madhuban Med Bhoona	3.70	
Yau's Black Bean Sauce	2.65		Madhuban Spicy Jhalfrezi	3.70	
Yau's Hot Chinese Curry Sauce	2.65		Yau's Nut Free Thai Satay Sauce	3.00	
Yau's Mild Chinese Curry Sauce	2.65		Yau's Sweet & Sour	2.65	
MR ORGANIC Authentic Italian Basilico 350g	3.50		MR ORGANIC Authentic Italian Chilli Arrabiata 350g	3.50	
MR ORGANIC Authentic Italian Roasted Garlic Sauce 350g	3.50		MR ORGANIC Authentic Italian Bolognese 350g	3.50	

JAM, MARMALADE AND HONEY

Product	Price	Quantity Required	Product	Price	Quantity Required
SF Apricot Jam	4.00		SF Three Fruit Marmalade	4.50	
SF Blackberry & Apple Jam	4.00		SF Homemade Rasp Jam	4.75	
SF Blackcurrant Jam	4.50		SF Homemade Straw Jam	4.00	
Devon Clear 340g	5.75		Devon Set 340g	5.75	

CRACKERS

Product	Price	Quantity Required	Product	Price	Quantity Required
Jacob's Crackers	1.39		Thyme Biscuits	2.60	
FURNISS Original Cornish Sea Salt Oat Biscuits 170g	2.80		Walkers Fine Oatcakes	3.55	
FURNISS Original West Country Cheddar Biscuits 170g	2.80		Rosemary Biscuits	2.60	

CRISPS

Product	Price	Quantity Required	Product	Price	Quantity Required
EAT REAL Hummus Chips - Sea Salt 135g	2.30		EAT REAL Lentil Chips - Chilli & Lemon 113g	1.99	
EAT REAL Hummus Chips - Sea Salt 45g	0.90		EAT REAL Lentil Chips - Sea Salt 113g	2.30	
EAT REAL Hummus Chips - Sour Cream & Chive 135g	2.30		EAT REAL Multipack Hummus, Lentil & Quinoa Chips 116g	2.95	
EAT REAL Hummus Chips - Tomato & Basil 135g	2.30		EAT REAL Multipack Veggie Straws 100g	2.95	
Eat Real Hummus Creamy Dill	2.35		EAT REAL Quinoa Chips - Paprika 80g	2.45	
EAT REAL Quinoa Chips - Sundried Tomato & Roasted Garlic 80g	2.45		Tyr Mature cheddar/Chive 150g	1.95	
EAT REAL Quinoa Puffs - Jalapeño & Cheddar 113g	2.45		Tyr SeaSalt/BlkPepper 150g	1.95	
EAT REAL Quinoa Puffs - Mediterranean 113g	2.45		Tyr SeaSlit/Chive 150g	1.95	
EAT REAL Quinoa Puffs - White Cheddar 113g	2.45		Tyr SweetChli/RedPepper 150g	1.95	
EAT REAL Veggie Straws - Kale, Tomato & Spinach 113g	2.45				

DRY GOODS

Product	Price	Quantity Required	Product	Price	Quantity Required
40% Fruit Granola	4.95		Light Brown Flour	2.25	
CORNISH 40% FRUIT MUESLI 800G	4.95		LONG GRAIN WHITE RICE 500G PATNA	1.45	
CORNISH APPLE & CINNAMON GRANOLA 800G	4.95		MIXED NUTS & FRUIT 250G	2.95	
CORNISH FRUIT & BERRY MUESLI 800G	4.95		SHROP. SPICE Apricot & Almond Wholemeal Stuffing Mix	1.69	
COUS-COUS 500G	1.40		SHROP. SPICE Parsley, Thyme & Lemon W/Meal Stuffing Mix	1.40	
ENERGY MIX 250G	2.25		SHROP. SPICE Sage, Red Pepper & Shallot W/Meal Stuffing Mix	1.40	
FIGS 250G	2.95		SHROP. SPICE Wild M/Room,Garlic & Herb W/Meal Stuffing Mix	1.40	
Garaofalo Tagliatelle	2.50		SHROP. SPICE Wild Sage & Roast Onion W/Meal Stuffing Mix	1.40	
GAROFALO Gluten Free Penne 400g	3.65		Tilda Basmati	2.85	
Garofalo Pasta Fusilli Primavera 500g	2.55		Tilda Easy Cook Long Grain Rice	1.20	
GAROFALO PASTA Lasagna Liscia 500g	2.85		WHITE BASMATI RICE 500G	1.95	
Golden Fry Yorkshire Pudding & Pancake Mix	0.95		Yaus Japanese Udon	1.25	
Haricot Beans 500g	1.60		Yau's Thick Chow Mein Noodles	1.95	
LENTILS DARK SPECKLED PUY TYPE 500G	1.95		Yau's Thin Chow Mein Noodles	1.95	
LENTILS RED 500G	1.40				

INGREDIENTS

Product	Price	Quantity Required	Product	Price	Quantity Required
ALMONDS FLAKED 125G	2.30		FREE AND EASY Chocolate Cake Mix 350g	4.95	
ALMONDS GROUND 125G	2.45		FREEZE DRIED STRAWBERRY SLICES 20G	2.00	
ALMONDS WHOLE 125G	2.20		Garlic Puree 110g	3.20	
AMKO Beef Dripping 500g	2.70		GIA Anchovy Paste - Tube 60g	1.95	
AMKO Traditional Shredded Beef Suet 250g	1.45		GIA Garlic Puree - Tube 90g	1.95	
ARTISAN GRAINS 4 Grain Couscous 200g	2.40		GIA Sun-Dried Tomato Paste - Tube 80g	1.95	
ATKINS & POTTS Beef Stock 350g	2.75		GOLDEN GRANULATED 500G	1.75	
ATKINS & POTTS Chicken Stock 350g	2.75		Hz Baked Beanz	1.00	
Batchelors Mushy Peas	0.75		KALLO 4 Organic Beef Stock Pots 96g	2.60	
Birds Original Custard Powder	1.39		KALLO 4 Organic Chicken Stock Pots 96g	2.60	
CURRY MEDIUM 80GM	1.20		KALLO 4 Organic Vegetable Stock Pots 96g	2.60	
CURRY MILD 80GM	1.20		Knorr Chicken Stock Cubes	2.40	
DARK MUSCOVADO 500G	2.05		Knorr Vegetable Stock Cubes	2.40	
DATES PITTED SELECT 200GM	1.10		MR ORGANIC Italian Organic Cherry Tomatoes 400g	1.95	
DAUCY Celery Hearts 400g	2.60		MR ORGANIC Italian Organic Chopped Tomatoes 400g	1.95	
DEMERARA SUGAR 500G	1.90		MR ORGANIC Italian Organic Whole Plum Tomatoes 400g	1.55	
DOVES FARM Baking Powder 130g	1.95		MR ORGANIC Organic Baked Beans 400g	1.65	
DOVES FARM Gluten Free White Bread Flour 1kg	2.75		MR ORGANIC Organic Borlotti Beans 400g	1.55	
DOVES FARM Organic Self Raising White Flour 1kg	1.90		MR ORGANIC Organic Cannellini Beans 400g	1.55	
Doves G/FREE self/r flour	2.75		MR ORGANIC Organic Chick Peas 400g	2.25	
Doves Gluten Free Plain White Flour 1kg	2.75		MR ORGANIC Organic Lentils 400g	1.55	
Epicure Black Eye Beans	1.20		MR ORGANIC Organic Mixed Beans 400g	1.65	
Epicure Butter Beans	1.25		MR ORGANIC Organic Red Kidney Beans 400g	1.55	
Epicure Cannellini Beans	1.00		MR ORGANIC Organic White Butter Beans 400g	1.70	
Epicure Chilli Beans	1.25		MUSTARD POWDER 75GM	1.20	
Epicure Italian Chopped Tomatoes with Basil	0.95		NUTMEG GROUND 30GM	1.20	
Extra Virgin Olive Oil with Garlic 250ml	6.05		OREGANO 50GM	1.20	

FILIPPO BERIO Pure Olive Oil 500ml	4.50		WESSEX MILL White Spelt Bread Flour 1.5kg	4.95	
PARSLEY 45GM	1.20		WESSEX MILL Wholemeal Bread Flour 1.5kg	2.35	
PISTACHIOS R&S 100G	2.45		WESSEX MILL Half and Half Bread Flour 1.5kg	2.40	
WESSEX MILL Onion Bread Flour 1.5kg	3.75		WESSEX MILL Mixed Grain Bread Flour 1.5kg	3.40	
WESSEX MILL Pasta & Pizza Flour 1.5kg	3.85		WILTON Jumbo Rolled Oats 500g		
PAPRIKA SMOKED 50GM	1.20		WILTON Porridge Oats 500g	1.40	
WESSEX MILL Plain Flour 1.5kg	2.25		Yeast (fresh)	12.50 per KG	
WESSEX MILL Self-Raising Flour 1.5kg	2.25				
WESSEX MILL Six Seed Bread Flour 1.5kg	3.45				
WESSEX MILL Strong White Bread Flour 1.5kg	2.35				

ESSENTIALS

Product	Price	Quantity Required	Product	Price	Quantity Required
Andrex Classic Clean	2.30		Kelloggs Bran Flakes	2.99	
Crisp n Dry Oil PM199	1.99		Kelloggs Rice Krispies	2.99	
Devon Roast Coffee (Whole Bean)	4.35		Marmite	3.95	
Ellas Kitchen Ckn Cass St2	1.85		Mrs Crimbles Pancake & Batter Mix	2.50	
Ellas Kitchen Stge 1 Strawb	1.25		Plenty Kitchen Towel White	2.35	
Fairy Liquid Original PM129	1.29		SILVER SPOON Preserving Sugar 1kg	2.95	
Fairy Non Bio Powder	3.29		T&L Caster Sugar	1.75	
Hero HD Refuse Sack 12s	1.60		T&L Dark Soft Brown Sugar	1.20	
Johnsons Baby Gentle Wipes	1.20		T&L Granulated Sugar	0.80	
Kelloggs Corn Flakes	2.99		Weetabix	1.60	

LOOSE INGREDIENTS

Product	Price	Quantity Required	Product	Price	Quantity Required
Arborio Risotto Rice	3.70		Pine Nut Kernels	36.50 per KG	
Chia Seeds	1.35		Pumpkin Seeds	6.50 per KG	
Dried Fruit Salad	8.50		Red Split Lentils	2.50 per KG	
Dried Sweetened Cranberries	7.50		Roasted & Salted Cashews	22.50 per KG	

Dried Sweetened Diced Pineapple	6.00		Roasted & Salted Pistachios	11.00 per KG	
Dried Sweetened Mango Diced	9.50		Seed Mix	5.00 per KG	
Fruit & Nut Muesli	6.00		Sunflower Seeds	2.50 per KG	
Large White Piece Cashew	13.50 per KG		Sweetened Banana Chips	4.50	
Light Amber Walnut Halves	14.00 per KG		Thompson Seedless raisins	7.00	
Macadamia Nuts	35.00 per KG		Tropical Mix	4.00	
Milk Chocolate Banana	6.00		Turkish Sultanas	7.00	
Milk Chocolate Brazils	6.00		White Basmati Rice	2.25	
Milk Chocolate Peanuts	6.00		Whole Apricots	5.00	
Milk Chocolate Raisins	6.00		Whole Blanched Almonds	14.00 per KG	
Mixed Nuts & Raisins	7.00		Whole Hazelnuts	11.00 per KG	
Mornflake Standard Porridge Oats	0.95		Wild Rice	17.00 per KG	
Muesli Base	1.30		Yoghurt Peanuts	6.00	
Peanuts	5.20		Yoghurt Raisins	6.00	

FUELS

Product	Price	Quantity Required	Product	Price	Quantity Required
Bryant and May Extra Long	0.85		Premium Ovoids	9.50	
House Coal	6.95		Small Kindling Net	4.25	
HS Firelighters PM100	1.00		Softwood Nets	4.25	
Mixed Ovoids	8.00				

FRUIT

Product	Price	Quantity Required	Product	Price	Quantity Required
Apples Braeburn	2.50		Kiwi	0.40	
Apples Bramley	3.95		Lemons	0.50	
Apples Cox	2.75		Limes	0.35	
Apples Gala	2.95		Melon Canteloupe	2.50	
			Melon Honeydew	2.50	
Apples Pink Lady	3.95		Nadocott Net	2.40	
Apples Red Delicious	2.40		Nadorcotts	2.50	
Bananas	1.90		Oranges Lrg	0.60	
Blood Oranges	0.65		Oranges Seville	2.50	

Blueberry Punnet	2.20		Pears Conference	2.55	
Butternut Squash	2.00		Pears Packham	2.90	
Cherries Loose	15.50		Pineapple	2.75	
Clementine Net	2.85		Plums Loose	4.75	
Galia Melon	2.50		Rhubarb Bunch	1.50	
Grapefruit	0.65		Rhubarb Loose	6.95	
Grapefruit Pink	0.65		Satsuma Net	2.85	
Grapes	7.25		Satsumas	2.95	
Horse apples	1.00		Seville Orange Bags	2.95	
Juicing Oranges	2.50				
Juicing Oranges Bag	2.40				

VEGETABLES

Product	Price	Quantity Required	Product	Price	Quantity Required
Aubergine	1.30 each		Leeks Bunched	1.50	
Baby Corn Pack	1.25 each		Leeks Loose	2.20 per KG	
Beetroot Boiled Pack	0.85 each		Mushroom Loose	3.60 per KG	
Beetroot Bunch	1.95 each		Mushroom Portobello	5.00 per kg	
Beetroot Loose	1.40 per KG		Mushrooms Chestnut	5.95 per kg	
Broccoli	3.30 /kg		Mushrooms Flat	4.85 per kg	
Cabbage Hispi	1.75 each		Onion Red	1.00 per kg	
Cabbage January King	1.00 each		Onion White Net	1.25	
Cabbage Primo	1.00 each		Onions White	1.00 per kg	
Cabbage Red	1.20 each		Parnsips	2.50 per kg	
Cabbage Savoy	1.25 each		Pickling Onion Loose	1.20 per KG	
Cabbage white	1.20 each		Pickling Onion Sml Net	1.75	
Carrots Bagged	1.95 each		Purple Sprouting	1.80 per KG	
Carrots Bunch	1.65 each		Purple Sprouting Bunch	1.95	
Carrots Loose	1.25 per KG		Root Ginger	4.75 per kg	
Cauliflower	1.75 per KG				
Celeriac	1.55 per KG		Shallots	2.50 per kg	

Chillies Sml	14.00 per KG		Shallots Banana	2.25 per KG	
Courgettes	2.95 per KG		Spring Greens	1.75 per KG	
Curly Kale Bag	1.70		Sprout Nets	1.50	
Curly Kale Black Bag	1.80		Sprouts Loose	2.45 per KG	
Elephant Garlic	5.25		String of Onions	3.95	
Fennel Bulb	1.00		Swedes	1.25 per KG	
French Beans	1.65				
Garlic Bulb Lrg	1.40				
Garlic Smoked	2.00				

POTATOES

Product	Price	Quantity Required	Product	Price	Quantity Required
Baking Potatoes Bag	1.50		Potatoes Red Desiree	1.10 per KG	
Cornish Midi Pots Bag	1.95		Potatoes Sagitta	1.10 per KG	
King Edwards Pot Bag	2.50		Potatoes Sweet	2.70 per KG	
Marfona Potato Bag	2.50		Red Rooster Potatoes 25kg	14.95	
Maris Piper Potato Bag	2.50		Rooster Potato Bag	2.50	
Maris Piper Potatoes 25kg	10.95		Rooster Potatoes	1.10 per KG	
Potatoes - Cornish New	1.25 per KG		Sagitta Potatoes 12.5KG	5.95	
Potatoes - King Edwards	1.10 per KG		Sagitta Potatoes 25KG	9.95	
Potatoes Baking	0.50 each		Sagitta Potatoes 5KG	3.60	
Potatoes Marfona	1.10 per KG		Sagitta Potatoes 7.5KG	4.95	
Potatoes Maris Piper	1.10 per KG		Sagitta Potatoes Bag	2.50	
Potatoes Midi	1.95 per KG		Wilja potatoes 12.5kg	5.95	
			Wilja Potatoes 5kg	3.60	

SALAD

Product	Price	Quantity Required	Product	Price	Quantity Required
Avacado	1.65		Lettuce Round	0.95	
Celery	1.50		Mixed Baby Leaf Pack	1.55	
Cherry Tomato Punnet	1.35		Parsley Bunch	0.75	
Cress Punnet	0.40		Pea Shoots Pack	2.65	
Cucumber	1.00		Peppers	1.00	
Lettuce Cos	1.90		Spinach Bag	1.60	
Lettuce Iceberg	1.25		Spring Onions	0.75	
Lettuce Little Gem	2.50		Tomatoes Loose	2.80 per KG	
Lettuce Lollo	1.95		Tomatoes Vine	3.80 per KG	
Lettuce Oakleaf	1.85		Wild Rocket Pack	1.55	

READY MEALS (SUBJECT TO AVAILABILITY)

Product	Price	Quantity Required	Product	Price	Quantity Required
Homemade Beef Lasagne	11.00		SF Tomato & Basil Soup	2.95	
Homemade Fish Pie	5.50		Shepherd's pie small	5.30	
Homemade Vegetable Lasagne	10.00		OAP Chicken dinner	5.95	
Pork Roast Dinner Sml	6.95		OAP Pork Dinner	5.95	
Roast Pork Dinner Lrg	7.95		OAP Turkey Dinner	5.95	
Roast Lamb Dinner Lrg	8.95		OAP Beef Dinner	6.50	
Roast Lamb Dinner Sml	7.95		OAP Lamb Dinner	6.95	
Roast Turkey Dinner Sml	6.95		Roast Chicken Dinner Sml	6.95	
Roast Turkey Dinner Lrg	7.95		Roast Chicken Dinner Lrg	7.95	
SF Cauli & Stilton Soup	2.95				

DESSERTS

Product	Price	Quantity Required	Product	Price	Quantity Required
Ambrosia Devon Custard PM109	1.09				
Ambrosia Rice Pot	0.95				

Ambrosia Rice Pudding PM109	1.00				
Apple & Cherry Crumble Sml	3.95				
Apple & Cherry Crumble Lrg	5.95				
Apple & Rhubarb Crumble Sml	3.95				
Apple & Rhubarb Crumble Lrg	5.95				
Sticky Toffee Pudding	3.95				